



Juneau Youth Sailing Foundation

A non-profit trust promoting youth sailing programs for Juneau, Alaska

PO Box 21286
Juneau, AK 99802



Medical Form

Student Name: _____ Date of Birth: _____ Sex: M / F

Date of last Tetanus shot _____ Blood Type (if known): _____

Physical Limitations (Specify missing or injured bodily parts, weaknesses, eyeglasses, contacts, hearing, etc.)

Eyes and Ears: _____

Bones and Joints: _____

Muscles: _____

Other: _____

Chronic Ailments

Asthma or other respiratory problems _____

Circulatory or heart problems _____

Diabetes or hypoglycemia _____

Epilepsy or seizure disorders _____

Hemophilia or other bleeding problem _____

HIV or Hepatitis B infection _____

Allergies

Foods _____

Other, if significant _____

Current Medication, if any _____

(Note: JYSF instructors will not administer any medication to students unless the medication is 1) presented to the instructor by the parent, 2) is accompanied by written authorization for administration, and 3) is accompanied by written directions for administration.)

Parent / Guardian Emergency Treatment Authorization

I, _____ (Parent / Guardian) authorize the program organizers or their employees to sanction emergency treatment if none of the persons named below can be contacted at the time of an emergency.

Signature

Date

Emergency Phone for Parent / Guardian

Name	Relationship	Home Phone	Business Phone	Cell Phone

Preferred personal or Family Physician _____



Juneau Youth Sailing Foundation

A non-profit trust promoting youth sailing programs for Juneau, Alaska

PO Box 21286
Juneau, AK 99802



Acknowledgment and Waiver

The sailing classes offered by the Juneau Youth Sailing Foundation are always conducted with safety as the first consideration. However, sailing is an outdoor physical activity with the risks that implies. In any water activity, such as sailing, injury can occur. Our Southeast Alaskan waters are cold, the weather is sometimes miserable, and the water itself presents a hazard. Injury is also possible from improper use of the boats. Bumps, bruises and more serious injuries are possible. Even walking about on the docks or in the training facility has some risks. Falls are always possible and the docks present tripping hazards, the possibility of stubbed toes, and splinters.

In order to minimize the chance of injury, the instructors check over the boats, the docks, and the facility each day for hazards. Hazards that can be eliminated are dealt with through repair or reporting to the appropriate person or agency. Hazards that are inherent to the sport or area will be pointed out to students. The conduct rules set for the classes also aim to reduce the risk of injury by forbidding behavior such as roughhousing or running on the docks and by requiring the wearing of drysuits and PFDs (life jackets) whenever the students are on the water.

Juneau Youth Sailing Foundation classes are built around the US Sailing philosophy of “safety, fun, and learning.” Safety is our first priority because our students can’t accomplish the goals of having fun and learning if they aren’t safe.

The use of alcohol or controlled substances is often implicated in on-the-water accidents. No person will be allowed aboard any JYSF boat who appears to be under the influence of alcohol or any controlled or illegal substance.

Waiver Agreement

My child, _____, can swim 15 yards. Further, I agree (on behalf of myself and my child/children) to make no claims against the Juneau Youth Sailing Foundation, 4-H, or the University of Alaska, or any of their officers, directors, members, agents or employees, for any loss of, or damage or injury to any person or persons or property and to protect and indemnify the Foundation and its officers, directors, members, agents or employees against liability for any loss, damage or injury caused by my child/children.

Parent’s Name (printed)

Signature

Date



Juneau Youth Sailing Foundation

A non-profit trust promoting youth sailing programs for Juneau, Alaska

PO Box 21286
Juneau, AK 99802



Behavioral Rules and Guidelines

The Juneau Youth Sailing Foundation has developed the following behavioral rules and guidelines to help ensure a safe, rewarding, and fun learning environment. It is important that you and your child review these rules and guidelines, sign the form enclosed with the packet return it prior to the deadline. Appropriate behavior is expected at all times.

- Classes start and finish promptly at their scheduled times. Students should be dropped off at the site no earlier than 15 minutes before the start of class. Students must be picked up promptly at the end of class. JYSF will not take responsibility for children who have been dropped-off or picked-up at a location other than the training site.

Class times -- Intro to Sailing (Juniors) 8:00am to Noon <u>or</u> 1:00pm to 5:00pm Level 1, 2, and 3 -- 8:30am to 4:30pm
--

- The word of the instructors is absolute, and students are expected to obey the instructors at all times.
- All students must take a short swim test the first day of class that consists of treading water and swimming along a dock.
- Lifejackets (PFDs) will be worn at all times whenever a student is on the docks, or in a boat.
- Sailing dry suits will be worn at all times on the water. (Dry suits are provided as part of the course fee. Personal suits will be inspected by the instructor and must meet with his/her approval.)
- Observe the boundaries, both on the water and on the shore, as established by the instructors.
- No running on the docks, climbing on boat racks, docks, trailers, or rocks near the shore.
- Students will pick up their own trash, and are expected to keep their belongings in a neat and orderly fashion.
- Students will show respect for their peers, the instructors, and other persons.
- Absolutely no throwing of objects is allowed.
- No obscene language.

Consequences for failure to observe the above rules and guidelines vary according to the nature of the infraction, but can include loss of privileges, and “time-out.” Any verbal or physical abuse, or if your child’s behavior jeopardizes his/her own or another’s safety, will result in early dismissal from the class and a warning to both the parent and student. A second incident will result in the student’s dismissal from the remainder of the session. There will be no refund of tuition or fees.

I acknowledge that I have reviewed the behavioral rules and guidelines with my child.

Signature